

Mt. Pleasant Public Schools: Isolation and Quarantine Guidance

Action you should take:	<p style="text-align: center;">If you have symptoms of or Test Positive for COVID-19: ISOLATE</p> <p>Everyone, regardless of vaccination status:</p> <ul style="list-style-type: none"> • If you have symptoms of COVID-19, whether awaiting test results or have not been tested. • If you have a positive viral test (PCR or antigen test) for COVID-19, whether or not you have symptoms. • If you test positive, contact the MPPS COVID Team at (989) 775-2301 	<p style="text-align: center;">If you were exposed to someone in your HOME who is positive for COVID-19 and you are vaccinated:</p> <p style="text-align: center;">No QUARANTINE</p>	<p style="text-align: center;">If you were exposed to someone in your homes who is positive for COVID-19 and YOU are not vaccinated:</p> <p style="text-align: center;">QUARANTINE</p>
Stay home for at least 5 days	<p style="text-align: center;">Yes, as long as your illness was not severe (you didn't have to stay in the hospital), and you have not had a fever for at least 24 hours (without fever reducing medication), and your symptoms have improved.</p>	No	Yes
Properly wear a mask for 10 days*	Yes	Yes	Yes
Stay home for at least 10 days	<p style="text-align: center;">Yes, if you are unable/unwilling to wear a mask at all times, or if you had severe illness (had to stay in the hospital), or you have a weak immune system</p>	No	No
Stay home if you have symptoms of COVID-19	<p style="text-align: center;">Yes, until your symptoms have improved and have not had a fever for at least 24 hours (without fever reducing medication)</p>	Yes (and get tested ASAP)	Yes (and get tested ASAP)
If you have not had any symptoms: Get a viral test for COVID-19 on day 5, if possible	N/A	Yes	Yes

*At this time masks are optional, but encouraged, for all students, staff and visitors of the Mt Pleasant Public Schools.